



به نام خدا

HUMAN PAPILLOMAVIRUS VACCINE

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KEY POINTS:

Cancers attributable to human papillomavirus (hpv) are on the rise

Vaccine against the 9 HPV types that cause 93% of HPV associated cancers is available, safe, and very effective.

Vaccine also protects against the 2 HPV types that cause 90% of genital warts.

HPV vaccine should be recommended at the 11- or 12 – year – old well-child visit and the series should be completed by the 13th birthday.

INTRODUCTION :

There are more than 120 different types of human papillomavirus (hpv) .most are responsible for warts found on the skin . Approximately 40 HPV types infect mucosal surfaces and the genital tract . And 13 of these are oncogenic .

EPIDEMIOLOGY

Approximately 79 million people in the United States are infected with HPV, and 14 million acquire new infection each year. In a study measuring HPV prevalence just before introduction of a quadrivalent HPV vaccine in 2006, 33% of 14- to 19-year-old female patients and 54% of 20- to 24-year-old female patients were infected with genital HPV.

PATHOPHYSIOLOGY AND NATURAL HISTORY

Most HPV infections have no symptoms and are cleared by the host immune system, usually within 1 to 2 years.

About prevention:

HPV 6 and 11 are the types that account for approximately 90% of cases of genital warts.

Are HPV related genital warts oncogenic ?

ABOUT CANCER

When any of the 13 sexually transmitted oncogenic HPV types persist , precancer and cancer can develop .

The time between infection and development of cancer :

About HPV 16 :

Which group of people are at the risk of HPV infection ?

BURDEN OF DISEASE

Sexually transmitted HPV-associated cancers include cancers of cervix , vulva , vagina , penis , oropharynx , anus and rectum .

About oropharyngeal cancers :

Analysis of 2008 to 2012 data from the Center for Disease Control and Preventions (CDC's) National Program of Cancer Registries and the National Cancer Institute's Surveillance , Epidemiology ,and End Results program provides estimates of cancers attributable to HPV .

Table 1**Annual cancers attributable to human papillomavirus—United States, 2008–2012**

Cancer	Average Number of HPV-Associated Cancers		Average Number of Cancers Attributable to HPV	
	Female	Male	Female	Male
Anal	3260	1750	3000	1600
Cervical	11,771	0	10,700	0
Oropharyngeal	3100	12,638	2000	9100
Penile	0	1168	0	700
Vaginal	802	0	600	0
Vulvar	3554	0	2400	0
Total	22,487	15,556	18,700	11,400

Adapted from Viens LJ, Henley SJ, Watson M, et al. Human Papillomavirus-Associated Cancers - United States, 2008-2012. MMWR Morb Mortal Wkly Rep 2016;65(26):661–6.

AVAILABLE VACCINES FOR PREVENTION

Before 2017 there were 3 types of vaccine available to protect against HPV in the united states :

The difference between vaccines :

The Advisory Committee on Immunization Practices (ACIP) recommendation about best age for vaccination :

Why the vaccine is most effective when administered before initiation of sexual activity ?

Table 2**Advisory Committee on Immunization Practices updated recommendations March, 2015**

	Bivalent (Cervix)	Quadrivalent (Gardasil)	9-Valent (Gardasil-9)
Manufacturer	GlaxoSmithKline	Merck	Merck
HPV types	16, 18	6, 11, 16, 18	6, 11, 16, 18, 31, 33, 45, 52, 58
Recommended age^a	Female patients 11–26 y	Female patients 11–26 y Male patients 11–21 y ^b	Female patients 11–26 y Male patients 11–21 y ^b

^a HPV vaccine may be given as young as age 9 years.

^b Immunization through age 26 years is recommended for men who have sex with men; men who are immunocompromised, including infection with HIV; and all men desiring protection against HPV.

Adapted from Petrovsky E, Bocchini JA Jr, Hariri S, et al. Use of 9-valent human papillomavirus (HPV) vaccine: updated HPV vaccination recommendations of the advisory committee on immunization practices. *MMWR Morb Mortal Wkly Rep* 2015;64:300–4.

IMMUNOGENICITY

Younger individuals have more robust antibody responses to the HPV vaccine.

Antibody response decrease with older age at vaccination .

Studies to date demonstrate long-term immune memory following the standard 3-dose series with no evidence of waning immunity .

EFFICACY AND SAFETY

Cervical cancer develops over many years . Therefore it is not a feasible endpoint for vaccine efficacy studies .

CIN-2 :

Nearly 100% of those in the vaccine groups were protected against CIN2 caused by HPV 16 and 18 and genital warts due to HPV 6 and 11 and from vulvar, vaginal , and anal dysplasia due to HPV types in the vaccine.

Table 3
HPV dosing and timing of 9-valent vaccine²⁴

Age at 1st Dose	Regimen	Minimum Time bw 1st & 2nd Dose	Minimum Time bw 2nd and 3rd Dose	Minimum Time bw 1st and 3rd Dose
9–14 y	2-dose	24 wk	NA	NA
15–26 y	3-dose	4 wk	12 wk	24 wk

Advisory Committee on Immunization Practices (ACIP) Meeting 10/20/16

Prevalence of vaccine type HPV:

Clinical trials of the 9vHPV vaccine have demonstrated greater than 96% efficacy against new persistent cervical infections and CIN² due to additional 5 HPV types in the vaccine .

Is it safe to revaccinate those who received 9vHPV vaccine with a 3-dose series

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Side effects :

VACCINE UPTAKE

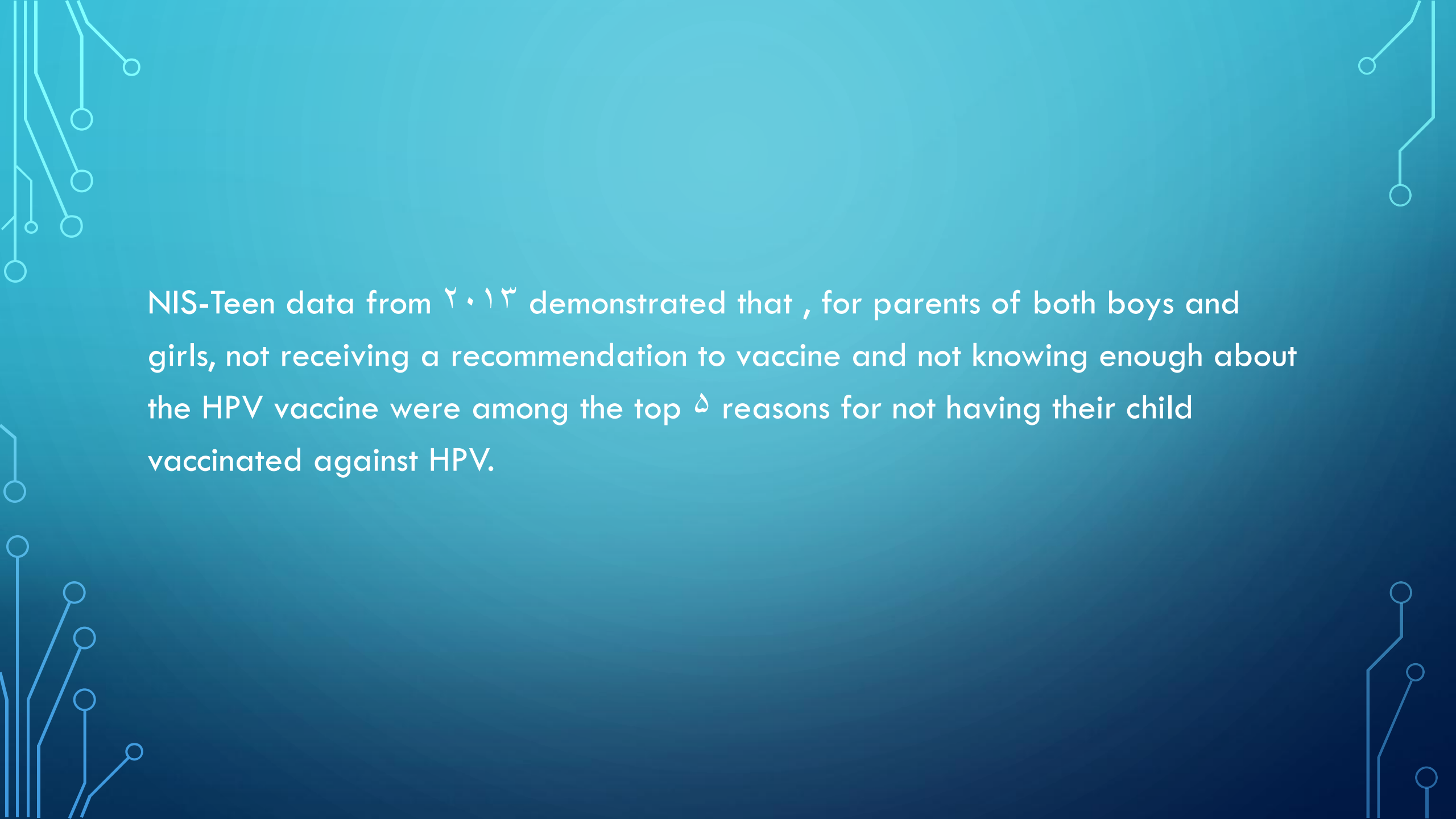
The CDC uses annual National Immunization Survey-Teen (NIS-Teen) to monitor vaccine coverage . Data from the most recent survey in 2015 showed that 49,8% of male and 62,8% of female adolescents between the age of 13 and 17 years had received at least one dose of the HPV series .

Furthermore only 28,1% of boys and 41,9% of girls received all three HPV doses .

TABLE 4**National Immunization Survey: teen coverage results 2008–2015**

Vaccine	2008	2009	2010	2011	2012	2013	2014	2015
Tdap after 10 y of age, %	40.8	55.6	68.7	78.2	84.6	86.0	87.6	86.4
≥3 doses HepB, %	87.9	89.9	91.6	92.3	92.8	93.2	91.4	91.1
≥2 doses MMR, %	89.3	89.1	90.5	91.1	91.4	91.8	90.7	90.7
≥2 doses of Varicella, %	34.1	48.6	58.1	68.3	74.9	78.5	81.0	83.1
≥1 MCV4, %	41.8	53.6	62.7	70.5	74.0	77.8	79.3	81.3
HPV								
Females								
≥1 dose, %	37.2	44.3	48.7	53.0	53.8	57.3	60.0	62.8
≥3 doses, %	17.9	26.7	32.0	34.8	33.4	37.6	39.7	41.9
Males								
≥1 dose, %	—	—	1.4	8.3	20.8	34.6	41.7	49.8
≥3 doses, %	—	—	—	1.3	6.8	13.9	21.6	28.1

Data from Reagan-Steiner S, Yankey D, Jeyarajah J, et al. National, regional, state, and selected local area vaccination coverage among adolescents aged 13–17 years - United States, 2015. MMWR Morb Mortal Wkly Rep 2016;65:850–8.



NIS-Teen data from 2013 demonstrated that , for parents of both boys and girls, not receiving a recommendation to vaccinate and not knowing enough about the HPV vaccine were among the top 5 reasons for not having their child vaccinated against HPV.



In a study researchers asked parents how important they thought various vaccines were to their child's health

Some states and local areas have much better HPV vaccine uptake than the country as a whole . Those that have been successful in improving vaccine coverage have used several strategies :



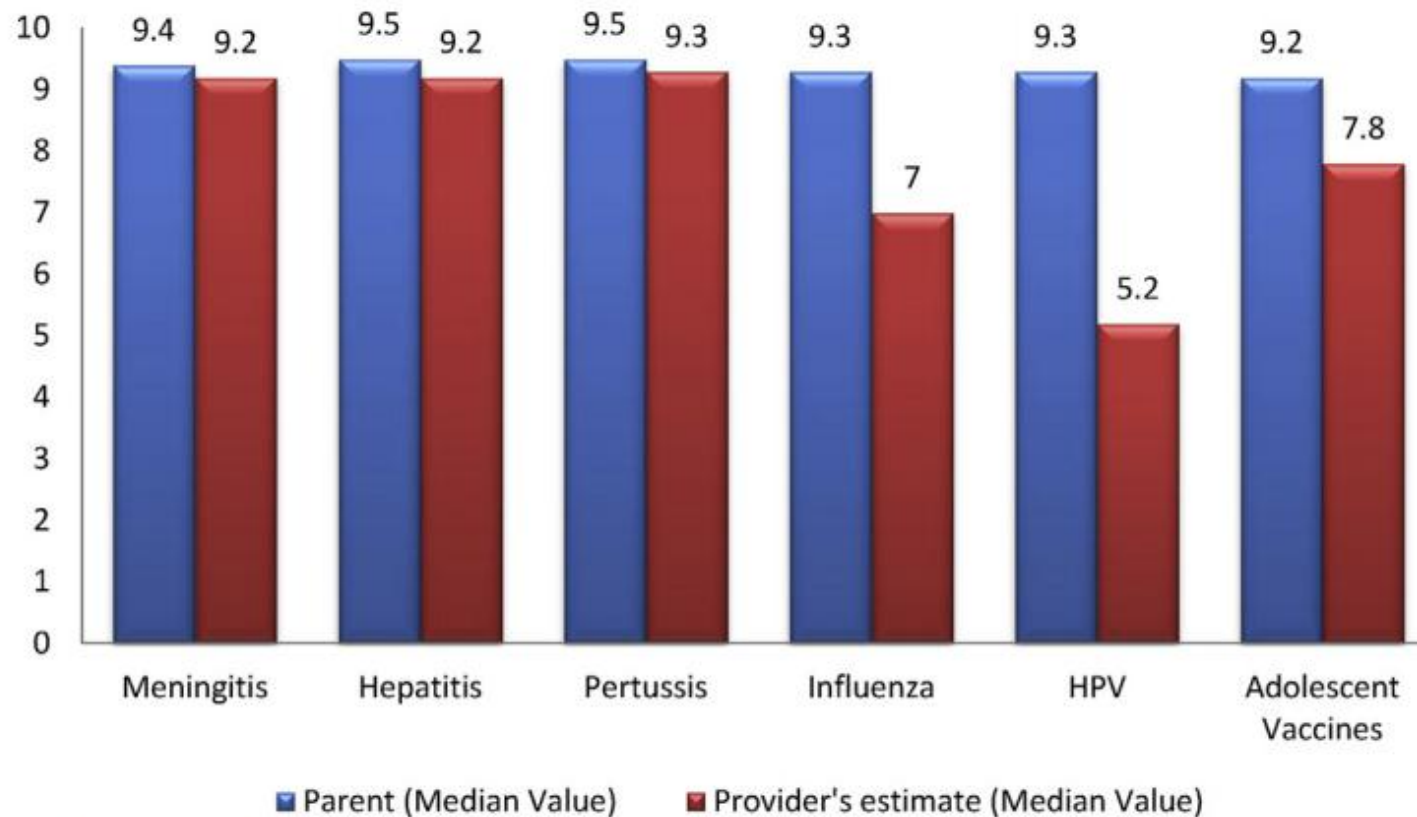


Fig. 1. Clinicians underestimate the value parents place on HPV vaccine. (From Centers for Disease Control. You are the key to HPV cancer prevention. Available at: <https://www.cdc.gov/vaccines/ed/hpv/index.html>. Accessed December 2, 2016.)

SUMMARY

Rates of cancers attributable to hpv are rising . The morbidity and mortality of these cancers place an unnecessary burden of disease on the US population and on the US health care budget . A safe and extremely effective vaccine is available to prevent many of these cancers .

Studies have shown that the health care providers recommendation to immunize is the most important factor in the parents decision. Parents of all adolescent boys and girls should receive a strong and unequivocal recommendation to vaccinate their child against HPV at the 11- or 12 – year – old well-child visit . This recommendation should be consistent with the recommendation to receive the Tdap and MCV⁴ vaccine . Ideally, adolescents will complete their HPV vaccine series by the 13th birthday .this will lead to greater immune response and protect most adolescents before they are exposed to sexually transmitted HPV .

